



Reach Out and Read Colorado: Nurse Family Partnership Guidelines

Introducing 'Back To Birth' in Fall 2022

OVERVIEW

Reach Out and Read Colorado recognizes that Nurse Family Partnership does not fit the typical program model for book distribution. We hope that you find this information useful as you determine the best way to implement the Reach Out and Read program with the families you serve.

BOOK DISTRIBUTION TIMELINE

The Reach Out and Read model instructs clinics to distribute books at every well visit, from birth to 5 years. We understand that every time a nurse with NFP visits a home, it is considered a well visit.

To ensure consistency throughout all Colorado NFP programs, we'd like you to give books to families approximately **every 2 months**, from birth - 24 months. Each child and caregiver in your program should receive **a total of 10 Reach Out and Read books** (week 2; month 2, 4, 6, 9, 12, 15, 18, 21, 24) before they graduate from your program. If your schedule does not align perfectly with the suggested guidelines, please do your best to provide families with books and literacy support on a consistent schedule.



BOOK STORAGE AND ORGANIZATION

The Reach Out and Read Colorado Site Coordinator (usually the nurse supervisor or designee) should store all books in a location accessible to nurses who are visiting families.

Nurses should distribute Reach Out and Read books and have meaningful conversations about the importance of literacy every 2 months, from birth-24 months.

PROGRESS REPORTS

When you fill out your progress report, you will record how many "well visits" you conducted and how many books were distributed at those "well visits" (home visits). Please only count visits in which you provided a book and discussed the importance of reading.

CONTACT INFORMATION

Please contact your regional coordinator with any questions.

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