

Improve Pregnancy-Related Depression Screening and Referral Practices in Your Clinic!

ABCD is a nonprofit organization that works to align and mobilize medical and community partners to improve early childhood developmental outcomes in Colorado. We want to build bridges between those who see families regularly and those who provide valuable resources in the community so that everyone can work together to better support children and families.

Community First Project Summary

This project aims to increase identification of women at risk for pregnancy-related depression (PRD) and improve their access to appropriate resources. We are collaborating with local public health departments and other community partners (such as mental health professionals) to provide referral resource guidance.

The Community First grant allows us to provide *free* MOC and CME – eligible quality improvement (QI) facilitation to support screening and referral for pregnancy-related depression (PRD) 20 clinics across the Denver Metro area. Practices must meet eligibility criteria to qualify.

Board Approved Quality Improvement Project

Pregnancy-Related Depression Screening and Connection to Community Resources

Implement screening for pregnancy related depression (PRD) and increase referrals for women experiencing or at risk for PRD.

The Quality Improvement project consists of:

- 3 meetings (approximately 1 hour each) to complete Plan-Do-Study-Act cycles on a priority area chosen by each clinic (PRD screening, referral, connection to local resources, etc.)
- Collecting and providing data related to PRD screening and referral.
- Completing a final evaluation of the activity.

MOC Pt. IV Credit: The American Board of Pediatrics (ABP) has approved the Pregnancy Related Depression Screening and Connection to Community Resources project. Physicians who participate in this project and meet ABP completion requirements will receive credit for the Performance in Practice component of Maintenance of Certification.

Prescribed CME Credit: This Performance Improvement activity, Pregnancy related depression screening and connection to community resources, has been reviewed and is acceptable for up to 20.00 Prescribed credit(s) by the American Academy of Family Physicians. Term of approval begins 04/01/2018. Term of approval is for two years from this date. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Interested in participating or have questions?

Contact: Claire Ulrickson, MPH, Manager of Quality Improvement

Claire@coloradoabcd.org | 720-748-7702

This project is funded by the Community First Foundation

