“Right from birth babies are listening, looking and learning. So, find and enjoy these everyday moments when you talk, read, sing and play together with your baby”

“I want to give you this book called *I Love You Like Sunshine*. It is unique because it is two books in one, a book for your baby and a book for you.”

“It’s intended to help you relax and enjoy being with your newborn. It also provides some helpful tips in the margins and the back of the book that will help INSERT NAME develop and reach his/her full potential.”

[Hand the book to the caregiver and have them leaf through it]

**Did you know?**

“There’s so much to learn in the beginning months and you’re not alone. For example, did you know that it’s a common misconception that newborn babies can’t see? INSERT NAME can see a lot, especially up close.”

[Modeling: Move the book closer to the baby and ask the parent to observe and name cues from their baby]

**Things To Try**

“When you’re reading *I Love You Like Sunshine* to INSERT NAME you can tell her about the pictures in the book. What is interesting about them?”

[Modeling: Show the caregiver the best way to hold their baby and the book. See photo examples on page 17 to use as a guide.]

“I Love You Like Sunshine is meant to be read aloud. INSERT NAME will look at the baby pictures with fascination and delight and will hear in the rhymes the sounds that make up words.”
“I Love You Like Sunshine is a wonderful tool, but remember, you can use any book to help interact with your baby.”

“You can also read books that you remember from when you were little. Were they nursery rhymes? Fairy tales? Read anything that interests you. Read what makes you happy.”

“The most important thing is that you are “talking” to your baby. You can do that through a variety of ways, such as singing, playing silly games, asking questions and making faces. INSERT NAME loves to hear your voice and it’s the best way for her/him to learn and grow.”

**Things to Notice**
By using this book as a tool, caregivers can ask themselves the following questions:

- How does your baby react with you?
- Does he/she briefly look at the pictures?
- Does he/she look at you?

“Although he/she may not seem interested at first, the more you read with him/her the more INSERT NAME will respond.”